

Return to School Rubric for Students non attending or partially attending school

Consult with the student and their support team to:

- Select areas of concern from the Rubric, deleting irrelevant/inapplicable ones
- Tailor the stages to suit the student
- Delete the rows if not required.

Focus area	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
Uniform	I won't put on the school uniform.	I try on some of the items of my school uniform at home.	I put on my school uniform and wear it for a period of 2 hours at home.	I put on my school uniform and wear it to school for a set period of time.	I put on my school uniform and wear it at school for the duration of the day.	I am comfortable wearing my uniform at school.
Contact with someone at school	I am not in contact with anyone from school.	I am in contact with one or two teachers and students at school via email fortnightly	I speak with a teacher and a student from school at least once per week.	I attend school and spend time with both a teacher and a student from school for a set period of time e.g. 2 hours	I attend school and spend time with both a teacher and a student from school for a set period of time e.g. 4 hours	I attend school and spend time with teachers and students from school for the duration of the school day.
Sleep routine (e.g get up time being 7.30 allowing for minimum 8 hours sleep)	I go to bed late and have difficulty going to sleep	I go to bed late and can't get up for school.	I go to bed late and get up late for school	I go to bed late but still get up in time for school.	I mostly go to bed on time, and mostly get up on time for school.	I go to bed on time and get up on time for school
School work	I don't do any school work.	I do school work once a week for my favourite/chosen subject. OR I do some school work with support.	I do some school work on my own and some with support at least twice a week	I do some school work every day, with support, in my favourite subject	I do some school work every day for my favourite/chosen subject and finish the task.	I do some school work every day for 2 or more subjects and finish the task.
Attending school	I am driven past the school with my mum/dad/carer.	I get out of the car at school and walk to the school gate with my mum/dad/carer.	I get out of the car and walk to the school gate independently.	I walk around the school grounds with mum/ dad/ carer/teacher.	I walk to the classroom door with my mum/dad/carer/teacher.	I enter the classroom for a set time with a support person from school

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Attending school: Joining the class	I join the whole class for 10 minutes in the classroom in the morning session.	I join the whole class for 20 minutes in the classroom in the morning session.	I join the whole class for 1 hour in the morning session.	I join the whole class for 2 hours in the morning session.	I join the whole class for activities for a set period of time.	I join the whole class for the whole morning session
Attending School: Recess and lunch routines	I stay in the classroom with my teacher at recess time	I go to the library/ student welfare office/ designated 'spot' etc. during recess/lunch time.	I go with a friend to the library or designated spot at recess/lunch time.	I spend 10 minutes in the playground with a friend and then go to the library/ designated 'spot.'	I spend half of each recess or lunchtime with a friend in the playground and then go to the library/designated spot.	I spend all of my recess and lunchtimes in the playground with a friend/s.
Home routine	I don't have an evening or morning routine.	With active 1:1 support from my family, I follow my home routine. In the evening: e.g. set alarm, packing my bag and preparing uniform In the morning: e.g. get up, breakfast, shower	With verbal encouragement and reminders from my family, I follow my home routine. In the evening: e.g. set alarm, packing my bag and preparing uniform In the morning: e.g. get up, breakfast, shower	With one verbal reminder from my family, I follow my home routine. In the evening: e.g. alarm, packing my bag and preparing uniform In the morning: e.g. get up, breakfast, shower	I mostly follow my home routine without reminders from my family In the evening: e.g. alarm, packing my bag and preparing uniform In the morning: e.g. get up, breakfast, shower	I follow my home routine independently. In the evening: e.g. alarm, packing my bag and preparing uniform In the morning: e.g. get up, breakfast, shower
Screen Routine	My screen routine takes up more than 5 hours of my day. Before I go to bed I spend 5-10 minutes without screen contact. I have unlimited access to screens in my bedroom.	My screen routine takes up 4-5 hours of my day. Before I go to bed I spend 10-20 minutes without screen contact. In my bedroom there are screens but I do not access them between 8pm and 8 am.	My screen routine takes up 3-4 hours of my day. Before I go to bed, I spend 30 minutes without screen contact. In my bedroom there are screens, but I do not access them between the hours of 8pm and after school.	My screen routine takes up 2-3 hours of my day. Before I go to bed, I spend at least 30 minutes without screen contact. There are no screens in my bedroom.	My screen routine involves less than 2 hours of my day. Before I go to bed, I always spend at least 1 hour without any screen contact. There are no screens in my bedroom.	My screen routine involves less than 2 hours of my day. Before I go to bed, I always spend at least 1 hours without any screen contact, and read for 1 hour before sleep. There are no screens in my bedroom