's Attendance Goal and daily reflection Record: Term ----

	Month	Monday	Tuesday	Wednesday	Thursday	Friday
Success Criteria:		Date:	Date:	Date:	Date:	Date:
!		Arrival time:				
1. I will walk from the		Departure time:				
office to classes independently		Rate day:				
		Date:	Date:	Date:	Date:	Date:
		Arrival time:				
2. I will enter the classroom within 5 minutes of the lesson starting		Departure time:				
		Rate day:				
		Date:	Date:	Date:	Date:	Date:
		Arrival time:				
		Departure time:				
		Rate day:				
3. I will take all		Date:	Date:	Date:	Date:	Date:
required school books and have them open on my desk		Arrival time:				
		Departure time:				
		Rate day:				
		Date:	Date:	Date:	Date:	Date:
		Arrival time:				
4. I will attempt some class work		Departure time:				
		Rate day:				
		Date:	Date:	Date:	Date:	Date:
		Arrival time:				
		Departure time:				
		Rate day:				
		Date:	Date:	Date:	Date:	Date:
		Arrival time:				
		Departure time:				
		Rate day:				

Instructions: This can be left at school office or with a particular teacher for *the student* to do each day.

- Identify success criteria with student.
- Have the student identify their goal for engaging at school.
- Find today's date and write my arrival
 time
- 2. At the end of my time at school, come back and sign out.
- 3. Rate my day by selection the number that best represents my day. (1-5)

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Feelings rating	1	2	3	4	5
	36				
		<u> </u>			
My goal is to have	I had a really	At times I found it	I had a mixed day of	I mostly managed my	I had a really great day and
??? level 4	difficult day	really hard to manage	being able to manage	emotions today and got	was able to manage my
or 5 days by the	managing my strong	my emotions. I only	my emotions. I mostly	involved in class	emotions, and I
end of the term	emotions	participated a little bit	participated.	activities	participated in my class
		in class			activities

How to use this doc-With the student identify specific SMART goals & write in left hand side column. This doc will help increase attendance and change focus goal.

